

ELEMENTS OF WELLBEING



PHYSICAL



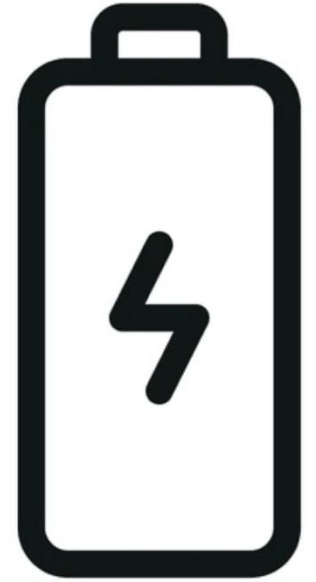
MENTAL



SOCIAL



EMOTIONAL



SPIRITUAL
